Precious Little Steps to Leaps and Bounds- a 10 year journey

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Conference 18th October 2018
OUTLINE OF THE JOURNEY

• Introduction
• Landmarks
• Smooth rides
• Potholes
• Photo Album – including the hinges
• Around the next bend
INTRODUCTION

- Part of Brecon-Molo Community Partnership
- First visit in Oct 2007, gathering of health information by physiotherapist in team.
- Health link coordinators meet July 2008

Molo District
Area 5196km²
Population 132,000

Molo Sub-county
Area 478.8km²
Population 140,584
LANDMARKS (1)

- **2008** - Visit to Molo District by 3 Powys health professionals. 4 training sessions delivered requested through MOH.

- **2009** - Reciprocal visits to Powys and between Molo and Mbale, Uganda public health services.
  
  - Training of 10 Community Health Extension Workers and 4 trainer of trainers.
  
  - First Community Based Rehabilitation sensitization + Ponsetti Club foot service established in Molo (Kijabe link).
LANDMARKS (2)

- **2008-10** training in Community strategy, neonatal resuscitation and monitoring and evaluation, office /communication support + CHV bicycles.

- **2011** Emergency Triage and Training (ETAT+), Child Health programme supported for 9 months by VSO Paediatrician who also piloted Traditional Birth Attendant training package.

- Neonatal nursing sister visit and development of bespoke newborn care training for Traditional Birth Attendants in under served area with high mortality rate ETAT+ Evaluation and Safeguarding training.

- **2012** ETAT+ roll out
LANDMARKS (3)

• **2011 / 2013** Community Based Rehabilitation- Speech Therapist visit with Disability Trainers + another speech therapist spent 3 months working with education on inclusion of disabled children

• **2013** Appropriate Paper-based Technology (APT) Workshop, Motorbike Ambulance arrives

• **2014** Midwifery and multidisciplinary children’s disability exchange training visits

• **2015** 2 week APT device training course in Nyahururu attended by 5 from Molo Community including one with a disability, one CHEW and one CHV
LANDMARKS (4)

- **2014/2015** - Training of Trainers- CHEW, CHV, Midwife and TBA in 4 areas, roll out completed by 156 Traditional Birth Referral Agents (TBRAs). 300+ TBAs total.

- **2016/2017** - TOTs and Roll out in 4 different areas, 100 TBRAs. Evaluation visit for 2014/15 programme.

- Community Health Support for disabled children, Disabled facilitators training, Getting to Know Cerebral Palsy parent facilitator training x 2. Introductory beekeeping, making added value products, APT Course Elburgon, Equine Scoping visit regarding Disabled riding.

- **2018** – 22 showings of the Unknown film to 2000+ community members + discussions.
SMOOTH RIDES

- Increased referrals from Community to facilities for delivery
- Reduced maternal and perinatal mortality (informal verbal autopsy)
- Knock on effects – broader reproductive health services
- Club Foot programme self-sustaining incl. local Surgery
- Increased registration of children with disabilities
- Establishment of Disabled Peoples and Parents groups
- Long term travel companions
POTHOLE

- Motorbike Ambulance
- School Health Programme
- Culture and Traditions - especially around disability
- Policies/political climate – volunteering vs nomination
- High staff turnover and shortages
- South to South Link with Mbale
- Plan for evaluation from the beginning
PHOTO ALBUM INCLUDING HINGES

• Having the right people

• Focus on system strengthening/establishment inline with national policy

• Having the right recipe- openness, flexibility, patience, commitment

• Co-production with service users,
AROUND THE NEXT BEND

• Review of Brecon Molo Link / Powys Molo Health Link -
• Disability – Including 3rd GTKCP initiated by parent/YP,
• ? Disabled riding
• ? Mental Health
• ? Expansion into other sub-counties of Nakuru
ACKNOWLEDGEMENTS

• Powys Teaching Health Board in supporting staff to participate

• Public Health Services in Rift Valley Province, and lately Department of Health Service Nakuru.

• All volunteers involved in training and exchanges

• Funders – Hub Cymru Africa, THET, Gibbs Trust, Good Gifts GUide, Susila Dharma Purple Fields Productions, Brecon Molo Community Partnership, BMA Information and Humanitarian funds,

• Other partners- Disability in Wales and Africa, Kenya Red Cross Society, Molo Chapter, RDA Nairobi, St Andrew riding School, VSO, Kenya Paediatric Association
ANY QUESTIONS?
ASANTE SANA- DIOLCH YN FAWR
THANKYOU FOR YOUR TIME